



GDB Healthcare

SERVICES LTD



QUALITY CARE, JUST FOR YOU



About us



Who We Are

At GDB Health Care, we offer premium home care services for elderly children and young people. Our team of highly trained and compassionate professionals are committed to providing personalised care tailored to the unique needs of each individual, ensuring they can live with dignity and comfort in their own home. Our approach prioritizes building meaningful relationships with our clients and their families, understanding that emotional support is as crucial as physical care

We believe in empowering our clients by involving them in their own care planning process, respecting their preferences, and honoring their life stories. By integrating innovative care techniques and maintaining open communication, we strive to enhance the quality of life for those we serve, your loved one's well-being is our mission, and we are dedicated to being a trusted partner in their journey.

🍷 What Sets Us Apart



01 Person-Centred Care, Not One-Size-Fits-All

Every individual we support has a unique story, routine, and personality. We tailor care plans around their history, preferences, and daily habits — so they feel understood, respected, and at home, not managed.



02 Specialised Elderly patient Expertise

Our caregivers are specifically trained in Specialised elderly care — from managing memory loss and confusion to responding calmly to behavioral changes. This means safer care, better communication, and more reassuring experiences for both clients and families.



03 Consistency You Can Trust

Familiar faces matter. We prioritize consistent caregivers to build trust, reduce anxiety, and create a sense of stability — which is especially important for people living with dementia.



04 Family Support Beyond Caregiving

We don't just care for our clients we support their families too. From regular updates to guidance and emotional support, we help you navigate the journey with confidence and peace of mind.



Vision & Missions



Vision

Our vision is to offer luxury person-centred care/personal care for elderly children and young people. Care that emphasises dignity, comfort, and a high quality of life. We provide personalised care plans, delivered by compassionate caregivers who ensure first-class comfort, engaging activities, and seamless healthcare coordination. With open communication for families and a focus on privacy and respect, we create a supportive and enriching experience for our clients.

Missions

- 1. To Deliver Dignified, Person-First Care**
We are committed to treating every individual with respect, preserving their identity, independence, and sense of self at every stage of their journey.
- 2. To Provide Safe, Expert Live in Care Support**
Our mission is to offer high-quality, specialist care that prioritizes safety, comfort, and emotional wellbeing through every phase of life.
- 3. To Enhance Everyday Quality of Life**
We aim to create meaningful daily experiences through routine, engagement, and companionship that bring comfort, joy, and a sense of normalcy.
- 4. Foster Community and Collaboration**
We exist to guide and support families, offering transparency, communication, and reassurance so they never feel alone in the caregiving journey.

WHY US?



☘ Tailored Care Plans

Each individual within our care receives a personalized care plan developed in collaboration with family members and healthcare professionals. These plans are regularly reviewed to adapt to changing needs

☘ Family Support & Engagement

We believe families are an integral part of the care journey. We provide regular updates, support groups, and opportunities for family involvement to help loved ones stay connected



☘ Trained & Compassionate Staff

Our caregivers are trained in dementia care best practices, including understanding the stages of dementia, effective communication strategies, and behavioral support techniques

☘ We don't just provide care, we deliver peace of mind. With trained specialists, tailored care plans, and dependable support, we ensure every client is treated with dignity, respect, and understanding



WHY US?

Holistic Care Approach

In addition to physical care, we address emotional and social wellbeing. From meaningful social interactions to nourishing meals, our holistic approach ensures that every aspect of life is supported with dignity, respect, and compassion



SAFE & COMFORTABLE ENVIRONMENT

Our services are designed to provide safety, comfort, and familiarity. From secure living spaces to thoughtfully planned layouts, we aim to reduce confusion and anxiety.



Care That Feels Personal

We take time to truly know each client — their routines, preferences, and personality — so care feels familiar, comfortable, and human. Our dedicated team fosters an environment where clients can thrive, engaging in activities that promote both physical health and mental well-being. Whether enjoying a quiet moment in our serene gardens or participating in a lively group class, each individual is encouraged to explore their interests and passions. This personalized attention ensures that everyone feels valued and supported, contributing to a vibrant community — where connections flourish and every day is filled with purpose and joy.



OUR SERVICES

DAILY LIVING SUPPORT

Personal Care

Support with washing, dressing, grooming, and hygiene, delivered with dignity and respect.

Medication Support

Safe and timely assistance with medication to ensure consistency and wellbeing.

Meal Preparation & Nutrition

Fresh, nutritious meals tailored to individual preferences and dietary needs.

Mobility & Transfers

Safe assistance with moving around the home to maintain independence and reduce risk

LIFESTYLE & WELLBEING COMPANIONSHIP

Friendly, meaningful support to reduce loneliness and promote emotional wellbeing.

Accompanied Appointments

Reliable support to attend hospital, GP, or social appointments with confidence.

Wellbeing Checks

Regular monitoring of general health and day-to-day condition for peace of mind.

Light Housekeeping

Help with everyday household tasks to maintain a clean, comfortable environment.





Specialist & Nurse-Led Care

Palliative & End-of-Life Care

Compassionate, nurse-led support focused on comfort, dignity, and quality of life.

Cancer Support Care

Dedicated care tailored to individuals undergoing or recovering from cancer treatment..

Complex Care

Specialist support for long-term or advanced health conditions requiring skilled care

Family & Care Coordination

Family Support & Guidance

Ongoing reassurance and guidance to help families navigate care decisions.

Care Coordination

Liaison with GPs, hospitals, and other professionals to ensure seamless care delivery.

Hospital Discharge Support

Planned transitions from hospital to home with the right level of care in place.



What we offer in Personal Care



TAILORED CARE PLANS

Each individual in our care receives a personalised care plan developed in collaboration with family members and healthcare professionals. These plans are regularly reviewed to adapt to changing needs.



SAFE AND COMFORTABLE ENVIRONMENT

Our services are designed to provide safety, comfort, and familiarity. From secure living spaces to thoughtfully planned layouts, we aim to reduce confusion and anxiety.



MEMORY SUPPORT ACTIVITIES

We offer a range of activities designed to stimulate memory and cognitive abilities, including:

- Reminiscence therapy
- Music and art therapy
- Gentle physical exercises
- Sensory experiences



TRAINED AND COMPASSIONATE STAFF

Our caregivers are trained in dementia care best practice, including understanding the stages of dementia, effective communication strategies, and behavioural support techniques.



FAMILY SUPPORT AND ENGAGEMENT

We believe families are an integral part of the care journey. We provide regular updates, support groups, and opportunities for family involvement to help loved ones stay connected.

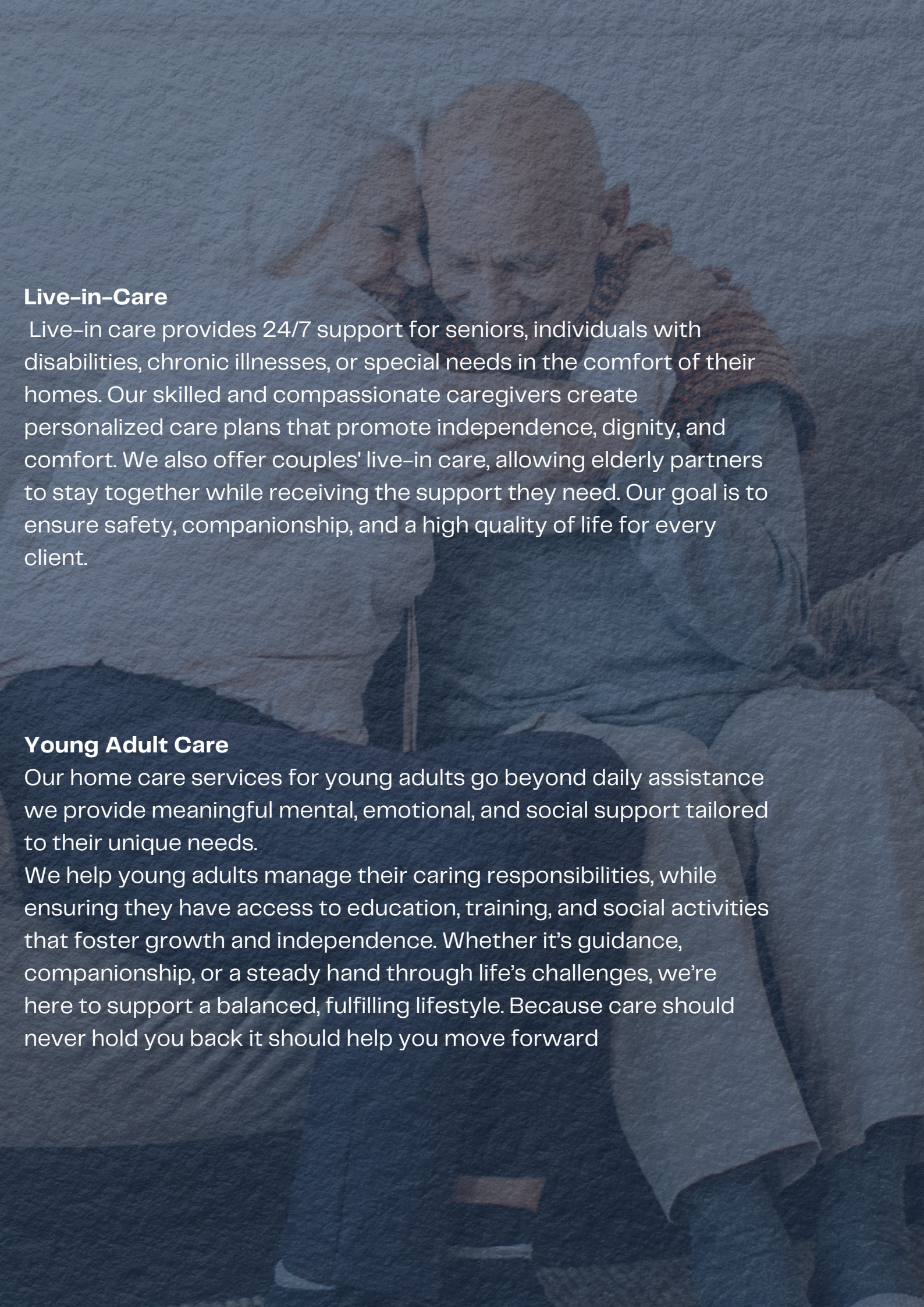


HOLISTIC CARE APPROACH

In addition to physical care, we address emotional and social well-being. From meaningful social interactions to nourishing meals, our holistic approach ensures that every aspect of life is supported.



Other Homecare services we Offer



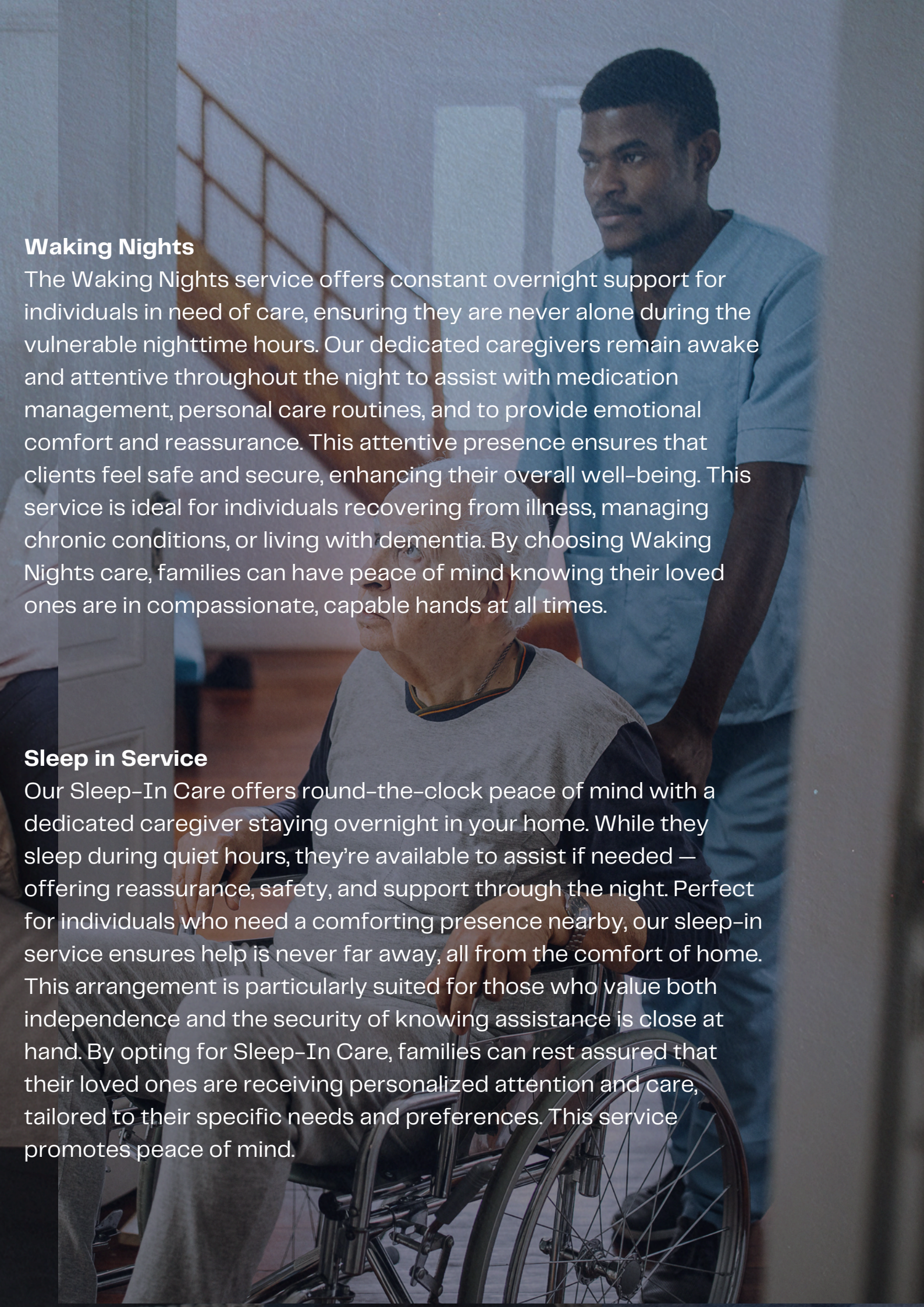
Live-in-Care

Live-in care provides 24/7 support for seniors, individuals with disabilities, chronic illnesses, or special needs in the comfort of their homes. Our skilled and compassionate caregivers create personalized care plans that promote independence, dignity, and comfort. We also offer couples' live-in care, allowing elderly partners to stay together while receiving the support they need. Our goal is to ensure safety, companionship, and a high quality of life for every client.

Young Adult Care

Our home care services for young adults go beyond daily assistance we provide meaningful mental, emotional, and social support tailored to their unique needs.

We help young adults manage their caring responsibilities, while ensuring they have access to education, training, and social activities that foster growth and independence. Whether it's guidance, companionship, or a steady hand through life's challenges, we're here to support a balanced, fulfilling lifestyle. Because care should never hold you back it should help you move forward

A caregiver in blue scrubs is assisting an elderly person in a wheelchair. The caregiver is standing behind the wheelchair, holding the backrest. The elderly person is looking off to the side. The background shows a hallway with a staircase and a door.

Waking Nights

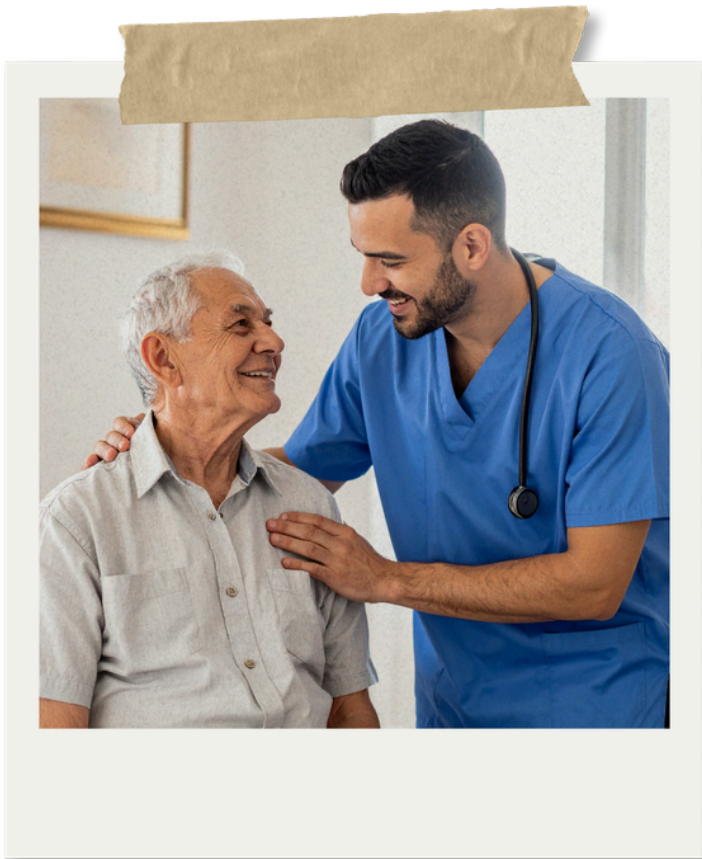
The Waking Nights service offers constant overnight support for individuals in need of care, ensuring they are never alone during the vulnerable nighttime hours. Our dedicated caregivers remain awake and attentive throughout the night to assist with medication management, personal care routines, and to provide emotional comfort and reassurance. This attentive presence ensures that clients feel safe and secure, enhancing their overall well-being. This service is ideal for individuals recovering from illness, managing chronic conditions, or living with dementia. By choosing Waking Nights care, families can have peace of mind knowing their loved ones are in compassionate, capable hands at all times.

Sleep in Service

Our Sleep-In Care offers round-the-clock peace of mind with a dedicated caregiver staying overnight in your home. While they sleep during quiet hours, they're available to assist if needed — offering reassurance, safety, and support through the night. Perfect for individuals who need a comforting presence nearby, our sleep-in service ensures help is never far away, all from the comfort of home. This arrangement is particularly suited for those who value both independence and the security of knowing assistance is close at hand. By opting for Sleep-In Care, families can rest assured that their loved ones are receiving personalized attention and care, tailored to their specific needs and preferences. This service promotes peace of mind.



**CONTACT
US**



Contact Us

We're here to answer your questions and support you every step of the care journey. Whether you're exploring options for a loved one or need guidance, feel free to reach out to us.

Contact Information



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Email
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Website
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Office Information

**133 Cunningham Avenue, Hatfield, AL10
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Office Hours

Monday to Friday: 9:00 AM – 5:00 PM
Closed on Weekends and Public Holidays